



Our team of therapists and practitioners is directed by Ava Henry.

Therapists are specially trained in therapeutic massages to facilitate our Golf, Tennis and Fitness conscious guests who enjoy holidaying at Tryall.

Ava, a Jamaican, trained in New York, has worked in and managed spa centers at Tryall and two other exclusive resorts in Jamaica.



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Tryall Club

2010

Beauty Salon & Spa Services

MONTEGO BAY
JAMAICA, WEST INDIES



*Enjoy the Beauty & Spa Services
in the comfort and privacy of
your Villa, or in the Salon
and Massage Center*

TEL: (876) 956-5660 Ext. 4100

FAX: (876) 956-7177

E-MAIL: ah33952@aol.com

VISA, MASTERCARD, AMERICAN EXPRESS,
TRAVELLERS CHEQUES & PERSONAL CHEQUES
ACCEPTED

*All Prices Are Quoted In US Dollars
Prices do not include Tax*

~OPENING HOURS~ 9:30 a.m. - 6:00 p.m.

~SCHEDULING APPOINTMENTS~

Our treatments are always very popular with our guests. We recommend that you schedule your appointments at least one to two days in advance, or call us or fax (Beauty Salon & Massage Center - Ext. 4100), prior to your arrival should you have specific scheduling requirements. Appointments for services are subject to availability.

~CHECK IN FOR TREATMENTS~

It is suggested that guests shower before coming for treatments and arrive at the Center 10 minutes prior to treatment time in order to "wind down" and thus enjoy the full benefits of the treatments.

~CANCELLATION POLICY~

A 3-hour cancellation or change notice is required to avoid being charged for scheduled service not taken. No shows and late cancellations will be charged at full price. Cancellations must be made **DIRECTLY** with the Massage Center for treatments and nail services.

~VILLA SERVICE~

Upon request, any of our **healing therapies, manicure, pedicure and hair services**, may be done at your villa.

There is a minimum surcharge on out calls of \$15.00 for each therapist.

Prices do not include Tax.

All prices are subject to change.



~Healing Therapies~

DE-STRESS AROMATHERAPY MASSAGE

Pure essential oil synergies are used in this full body massage which helps soothe and relax tired muscles and improves circulation, inducing a feeling of calm and well being.

55 mins. - \$100.00

SWEDISH MASSAGE

A relaxing massage which improves the circulation and relieves stress.

55 mins. - \$85.00

DEEP TISSUE THERAPEUTIC MASSAGE

For those with deeply held levels of stress, athletes, weekend warriors or those who work out or have massage regularly. This massage works through the tissue layers to alleviate soreness, painful muscle spasms, fatigue, tightness as well as improving range of motion.

55 mins. - \$105.00

TRANQUILITY TOUCH MASSAGE

The ultimate massage with techniques drawn from a range of bodywork styles, tailored to the individual's need to release chronically held stress.

55 mins. - \$105.00

REFLEXOLOGY

This ancient healing technique relieves stress, promotes relaxation, improves circulation, helps detoxify the body and restores balance, through stimulation of specific pressure points on the hands and feet.

50 mins. - \$95.00

COUPLES MASSAGE AT VILLA

A romantic massage for two, overlooking the sea with Caribbean breezes. What memories are made of!

55 mins. - \$210.00 - \$245.00

~Facial Treatments~

All our skin care treatments have been designed by **Skin Fitness**, a leading authority in the use of nature's fruits and vegetables for beauty care.

The effectiveness of the plant based products used in each treatment is further enhanced by the therapeutic properties of essential oils.

GENTLEMAN'S FACIAL TREATMENT

Addresses the special skin care needs of male clients.

1 hour - \$95.00 - \$130.00

REVITALIZING (For Mature Skin)

This beauty treatment revives tired skin which has lost its tone. It helps to prevent ageing of the skin by smoothing out fine lines and wrinkles. It stimulates the different functions of the skin, restoring firmness and vitality. The skin regains its sparkle.

1 hour - \$95.00 - \$130.00

EUROPEAN FACIAL

This facial cleanses and purifies the skin, leaving the skin clean and glowing.

35 mins. - \$75.00

ACNE FACIAL

Deep cleanses the skin and removes excess oil, black and white heads, leaving the skin refreshed and refined.

55 mins. - \$90.00

BACK FACIAL

For acne on back. Removes black and white heads using special acne products and peels.

55 mins. - \$105.00 - \$150.00

~Body Treatments~

SALT GLO BODY SCRUB

A Full-body, Exfoliating Treatment

Uses sea salt and pure essential oils to remove dead cells and superficial impurities, for silky-smooth, radiant skin and a general feeling of well-being.

1 hour - \$95.00

AROMATHERM BODY WRAP

Detoxifying, Anti Water Retention Body Mask

The powerful essential oils in this detoxifying treatment helps to flush away toxins and reduce water retention.

1 hour - \$95.00



~Hair Services~

SHAMPOO/SET	\$30.00
SHAMPOO/SET (Long Hair)	\$35.00
SHAMPOO/BLOW DRY	\$35.00
SHAMPOO/BLOW DRY (Long Hair)	\$42.00
SHAMPOO/BLOW DRY/HAIR CUT	\$60.00
CONDITIONER	\$5.00
TRIM	\$20.00
HAIR CUT	\$30.00
COMB UP	\$35.00
BRAIDS	each \$3.00
HALF HEAD	\$40.00
FULL HEAD	\$45.00-\$120.00
COMB	\$15.00

~For The Bride~

The Bridal Party needs to fax or e-mail their hair, nail and make-up appointments at least two weeks prior to the Wedding Day.



Bridal Special

FRENCH MANICURE & PEDICURE,
SHAMPOO/BLOW DRY &
UP STYLE OR FLAT IRON
- \$130.00

SHAMPOO/BLOW DRY &
UP STYLE LONG HAIR
- \$70.00

SHAMPOO/BLOW DRY
& FLAT IRON (Long)
- \$60.00

CURL & STYLE LONG HAIR UP
- \$40.00

MAKEUP - \$45.00

OWN MAKEUP - \$35.00

*Arrange a Spa Party for the
Wedding Party with Manicures,
Pedicures and Massages at
your Villa.*

MANICURE, PEDICURE & 25 mins. MASSAGE
\$100.00 - \$130.00 each

MANICURE, PEDICURE & 55 mins. MASSAGE
\$160.00 - \$175.00 each

~Waxing~

HALF LEG.....	\$40.00
FULL LEG.....	\$65.00
UNDER ARM.....	\$35.00
BIKINI.....	\$30.00
EYEBROW, UPPER LIP, CHIN.....	each \$20.00
BACK.....	\$50.00
HALF ARM.....	\$25.00
FULL ARM.....	\$35.00



~Hand and Foot Care~

**Manicure & Pedicure for both
Gentlemen and Ladies**

**A full spa manicure and pedicure including a
wonderful massage for those tired hands and feet.**

NAILS

MANICURE.....	\$25.00
FRENCH MANICURE.....	\$30.00
PEDICURE.....	\$40.00
FRENCH PEDICURE.....	\$45.00
POLISH CHANGE.....	\$15.00
NAIL REPAIR.....	\$6.00
FILLS.....	\$40.00
PARAFFIN WAX (Hands).....	\$15.00
PARAFFIN WAX (Feet).....	\$20.00